

# RED CARD

## Recognize and Reach Out to Students of Concern

At AUS, the safety and well-being of our students are primary concerns. In support of this, AUS has formed the Students of Concern Committee (SOCC), which provides a centralized process to coordinate the university's response to support students who are exhibiting concerning behavior. The committee coordinates efforts when a student's behavior could potentially be harmful to self or others and when student welfare is a concern.

### Steps

#### 1. Assess Threat

- Determine if there is a threat
- If there is no threat, talk and refer to appropriate resources.

#### 2. Observe Signs

- Academic
- Physical
- Interpersonal
- Emergency

#### 3. Prepare Action

- Share observations with the Executive Director of Student Experience or make a Care Report on [sims.aus.edu](https://sims.aus.edu).
- Highlight the importance of getting professional support and reaching out to SOCC.

### Confidentiality and Privacy Statement

SOCC will keep confidentiality and privacy in mind when discussing students. Only those within the AUS community with legitimate need-to-know will be consulted or informed of confidential or private information regarding a student. The SOCC will balance the request for confidentiality with the safety of the community. SOCC will follow the confidentiality statement highlighted on p. 19 and 26 of the *Student Handbook*.

Care Report:



Off-Campus Resources:



## Observe Signs

What to look for:

### Academic signs

- Excessive absences
- Test anxiety
- Repeated requests for special consideration and/or extension
- Significant deterioration in academic performance
- Morbid/bizarre themes on assignments

### Physical signs

- Marked changes in personal hygiene
- Dramatic changes in mood/behavior
- Significant/sudden weight loss/gain
- High levels of irritability
- Behavior that regularly interferes with class decorum

### Interpersonal signs

- Disclosure of personal distress
- Social withdrawal
- Recent trauma or loss
- Expressed concerns about the student by peers
- Stalking or harassing
- Delusions
- Verbal abuse

### Emergency signs

- References to suicide or harm to others or self
- Written or verbal threats
- Emotional dysregulation
- Physical violence

## Prepare Action

What to do:

### Prepare

- Consult with Executive Director of Student Experience and the Student of Concern
- Committee
- Identify campus resources for the student of concern
- Arrange to meet with the student

### Voice

- Share your specific observations/concerns
- Ask directly if the student wants to hurt themself/others
- Highlight the importance of the student getting professional/other support

### Act

- Share referrals/resources and help identify personal support
- Assist the student in contacting resources
- If possible, offer to accompany the student to campus resources
- Normalize getting help

### Wrap Up

- Remember self-care
- Schedule a follow-up appointment with the student
- Complete a Care Report at [sims.aus.edu](https://sims.aus.edu), which goes to the Executive Director of Student Experience and the Student of Concern committee, to help students create an action plan to get back on track

## Assess Threat

Determine if there is a threat:

If there is **immediate threat**, call 999 and university resources:

<b>Security Emergency Mobile</b>	050 626 7818
<b>Security Emergency Landline</b>	06 515 2222
<b>Executive Director of Student Experience</b>	050 387 0013
<b>Student Conduct and Conflict Resolution</b>	050 463 9091
<b>University Medical Emergency</b>	050 635 7651
<b>University Counseling Services Emergency</b> (dial 1 to speak to an on-call nurse)	06 515 2100
<b>Student Residential Life (Women's Residential Halls)</b>	056 112 7180
<b>Student Residential Life (Mens' Residential Halls)</b>	050 458 7766
<b>Academic Support Services</b>	050 515 2180

If there is no threat, talk and refer to appropriate resources.